

# Class Schedule

Start Time	Time Blocks
3:00 PM	45m

## Academy of Martial Arts - May 2020 -Schedule with Distancing

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		SATURDAY
3:00 PM	Kids Open Karate	Kids Open Karate	Kids Open Karate	Kids Open Karate	Sat 8:30am	Adult Tai Chi
3:45 PM	Kids Orange & Orange Advanced	Kids Krav Fit & Cardio Kick Boxing	Kids Yellow to Yellow Advanced	Little Ninjas Class -(30 min.)	Sat. 9:15am	Little Ninjas & Kids White to White Advanced
4:30 PM	Kids Red & Red Advanced	Black Belt Club Kids Class	Kids Orange & Orange Advanced	Kids Masters Weapons Training	Sat. 10am	Kids Yellow to Yellow Adv. Kata
5:15 PM	Kids Masters Weapons Training	Kids Advanced Open Class (orange & up)	Kids Red / Red Advanced	Black Belt Club Kids Class	Sat. 10:45am	Kids Orange to Orange Adv. Kata
6:00 PM	Adult White to Green Belt	Kids Beginner & White Advanced	Kids Open Karate	Kids Open Karate	Sat. 11:30am	Kids Red & up Kata
6:45 PM	Adult Blue & Up	Adult Krav Maga	Adult Karate All Belts	Adult Krav Maga Cardio Fit & Self Defense Class	Sat. 12:15pm	Adult Kata Class
7:30 PM	Adult Black Belt					
			Private Lessons - Fridays			

# Weekly Schedule

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1							
2							
3							
4							
5							
6							
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11							

