

Academy of Marital Arts
7765 Preserve Lane
 Effective November 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:20 – 4:10 Kids Open	3:20 – 4:10 Kids Open	3:20 – 4:10 Kids Open	3:20 – 4:10 Kids Open	3:20 – 4:10 Kids Open	8:30 – 9:15 Adult Tai Chi
4:10 – 5:00 Kids White to Yellow Advanced	4:10 – 5:00 Kids White to Orange	4:10 – 5:00 Kids White to Yellow Advanced	4:10 – 5:00 Kids White to Orange	4:10 – 5:00 Kids Orange & Up	9:15 – 10:00 Kids White to White Advanced
5:00 – 5:50 Kids Orange & Up	5:00 – 5:50 Black Belt Club (Kids)	5:00 – 5:50 Kids Orange & Up	5:00 – 5:50 Kids Masters (Weapons)		10:00 – 10:45 Kids Yellow & Up
5:50 – 6:40 Kids Masters (Weapons)	5:50 – 6:40 Kids White to Yellow Advanced	5:50 – 6:40 Adult Black Belt	5:50 – 6:40 Kids White to Yellow Advanced		10:45– 11:30 Adult Kata
6:40 – 7:30 Adult Karate White to Brown	6:40 – 7:40 Open Krav Maga	6:40 – 7:30 Adult Karate White to Brown	6:40 – 7:40 Open Krav Maga		11:30 – 12:15 Adult (All) Krav Maga
7:30 – 8:20 Adult Karate Black Belt					
					Private Lessons Available <i>Ask Today!</i>

Bring shoes – some classes may be outside!